

**Month: April 2011**

***Scripture: Deuteronomy 30 vs 11-30" I call heaven and earth as witnesses today against you, that I have set before you life and death, blessing and cursing; therefore CHOOSE life, that both you and your descendants may live;***

***Food for Thought: CHOICES for CHANGE***

What will you regret not doing in your life if you continue as you are now? I often ask myself this question. When you are older in your back massaging rocking chair reflecting back on your life, will you wish you had done anything different?!? Will there be any opportunities you wanted to take but did not, any great ideas you let float away, or any important dreams you let go unfulfilled? Or any potential that was left untapped?

If we want to have no regrets at the end of our lives, we must live each day of our life with no regrets. Is that possible?? Well....

Every day, every moment we have a choice, a choice to be fully who we want to be, who we dream to be or we also have a choice to pretend that we are less magnificent than our true selves.

***YOU are responsible for making sure YOU are served up a full helping in life. I am determined that no one else can go to the buffet line for me, you won't get what you want if you let anyone or anything else select the main course of your life!***

I have found that the ticket to living a life of excellence and a life of no regrets is proactive living. This fulfilling lifestyle involves doing what you want to do, going where you want to go, being who you want to be. All off course, in the fear of the Lord. You know you are living and working without regrets when you are fully engaged, alert, alive, enthusiastic and in action in your life.

When you can wake up in the morning and declare " this is the day that the Lord has made, I will rejoice in it" regardless of what it feels like, looks like or smells like, YOU go ahead and rejoice! I discovered when you are proactive in your life, problems are seen as possibilities and obstacles are seen as opportunities to learn. What could be possible for you if you were living a proactive life in every area of your life?

Would you travel around the globe? Or start a new business, or go back to school? God does not give you the ability to dream a certain dream without giving you the ability to make it happen! The only thing standing between you and a life without any regrets is YOU! Think about your life—in what areas are you proactive and in what areas do you need a jolt to get you going?

Make the commitment to be proactive! There are two different types of pain we can choose to feel- there is the pain of discipline, and then there is the pain of regret. If we discipline ourselves today, tomorrow we will have no regrets! This is the only life you have! Tolerate nothing! Is there a health challenge you are not addressing or a relationship you have long outgrown? If you are not being proactive in life, you are being reactive. Reactive living will surely lead to a life of mediocrity!

It is proven that we become like the five people we spend the most time with. Make a list of five proactive people you are acquainted with that you believe live life proactively. These are the people you want to spend time with, collaborate with, pioneer with, pray with and hang out with. Will you be one of those people sitting in your rocking chair thinking, "I wish I had," or will you be saying, "I'm glad I did!" What have you done with the time allotted to you by the Almighty?

***Fulfil your destiny with no regrets!***

Regret for the things we did can be tempered by time; it is the regret for the things we did not do that is inconsolable. Enjoy!