

**Month:** October 2012

**Scripture:** 1 John 1:9 "A relaxed attitude lengthens life but jealousy rots it away."

**Food for thought:** Jealousy will rob you of joy and choke out contentment...



I felt compelled to address a subject that a lot of people struggle with – especially women. –  
**JELOUSY!**

Stop for a moment & just think how many times you have felt Jealous & envious towards someone. Think about how much that jealousy hindered prayers and intimacy with God, it's such a destructive attitude that poisons the way you view life. Beware & watch over your heart precious lady, If you find yourself unable to rejoice in the success of others.

**Do not let jealousy taint your heart. Repent before it robs you of any more of the joy and contentment God desires for you.**

When you are tempted to compare your success in life to that of another, ask God to remind you of all the ways He has blessed you undeservedly.

You know we can all avoid jealousy, envy, anxiety, and opportunities to become resentful toward others if we will just heed God's command in 1st Thessalonians 4:11. It says simply, "Mind your own business." There are things that we don't need to know, as well as things that we shouldn't know—for our own good. I believe we can save ourselves a lot of heartache if we will simply resist being nosey! And it would be a lot easier for us to mind our own business if we would only obey God's instruction to, "Trust the Lord completely. Proverbs 3:5 . You know God wants to be our Defender, our Vindicator, and the One who looks out for our interests. But our lack of trust in Him will always rob us of His best. The apostle Paul said that a jealous believer is worldly, carnal, and a mere infant in Christ. 1 Corinthians 3:1-3

Jealousy is so harmful that God condemned coveting it in two of the Ten Commandments. Remember how jealous and insecure man King Saul was. He had been elevated to the highest position in Israel. He had been blessed in numerous ways. But Saul saw that David was gaining the attention and praise of the Israelites. The Israelites recognized Saul's accomplishments, but they also praised David, whom God was using to accomplish even more (1 Sam. 18:7). Rather than rejoicing that God had empowered another to defeat their enemies, Saul became murderously jealous and sought to destroy David. Be careful not to find yourself in this state of affairs!! In fact frankly speaking jealousy is an abomination in the life of a Christian. Jealousy robs us of joy and chokes out contentment. It hardens the heart and stifles gratitude.

**Jealousy assumes that God's resources are too limited for Him to bless another and still bless us abundantly!**

Remember Satan's downfall? He was jealous & envious of God and wanted to be God himself. Now look how many of the atrocities that are happening in the world today that is caused by envy and greed??

Watch over your heart dear lady. Proverbs says, "A heart at peace gives life to the body, but envy & jealousy rots the bones." Do away with that rotten attitude IJN!

Pray & repent "Dear God, if there is any envy, malice, jealousy, or hatred in my heart, please reveal it to me, and give me the courage and good sense to face it, to resolve it, and get rid of it. Please forgive me for harbouring such an ungodly attitude. I thank you for hearing and answering my prayer IJN!!

Love

*Mercy*