## Month: May Scripture:Mathew 17 1-9 Food for Thought: Jesus is ALWAYS there.

"Jesus took Peter, James and John to a high mountain"As they watched Jesus' "appearance was transformed so that his face shone like the sun". His clothes became as "white as light". "They saw Moses & Elijah" appear and talk with Jesus. Peter wanted to make 3 tabernacles. "One for Moses, Elijah & Jesus". While he spoke the Lord said, "This is my dearly loved Son, who brings me great joy. Listen to him."

This was an amazing time for these men. It was a fearful time but I believe it was also a blessed time. It was an honour to be in this place. They were a part of a literal "mountaintop experience" Then suddenly it is over and it is time to descend the mountain. Perhaps you may find yourself in a good place, one of those longed for "mountaintop experiences". There are some times spent with God that are just amazing... words can't describe the immense joy that you experience during these times. Sometimes we get alone with God and see Him for who He is and hear a word from Him, commune with Him and we just don't want to leave. And though He will "never leave us or forsake us" there is still work to do for Him. And there will come a time when we must descend the mountain and continue on our journey.

Have you been there? Have you been on the mountaintop with Jesus and then He says "Alright, I am not going to leave you or forsake you but we must come off the mountain and be about the Father's business"? That is where Peter, James and John find themselves. Many times we go from the Mountain top right into the valley of reality!

Coming off the mountain can be a shock to the system so to speak! Descending from such a spiritual high can be confusing. You may go from a place that seems like heaven on earth to a place where you may even question of God is still there. Just because "life happens" and we are no longer on that mountain top doesn't mean that Jesus has left us. And it doesn't necessarily mean that you have left Him.

Beloved, When you encounter situations, remember JESUS IS ALWYS THERE! During daily life, when you are facing the daily grind, Jesus is still present with you! Fear not, Jesus will always be there! You are not and will never be a spiritual orphan. You have a heavenly father who already knows your every need, your every challenge. Does God not take care of little birds? They don't worry. Human beings are the only things in all creation that worry. Everything else trusts the heavenly Father and creator to care for their needs.

I encourage you not to worry about your circumstances, because every time you worry, you're saying, "It all depends on me."You must trust God with your life. Even those mountain top or valley times. TRUST GOD. He sent his son, Jesus Christ, to die on the cross for you to pay for your salvation. If God loves you enough to send his own son to die for you, don't you think he loves you enough to take care of your every challenge? Don't you realize that any other problem is minor by comparison? He solved your biggest problem when he saved you.

Do not worry! Jesus is always there.

Love

Mercy