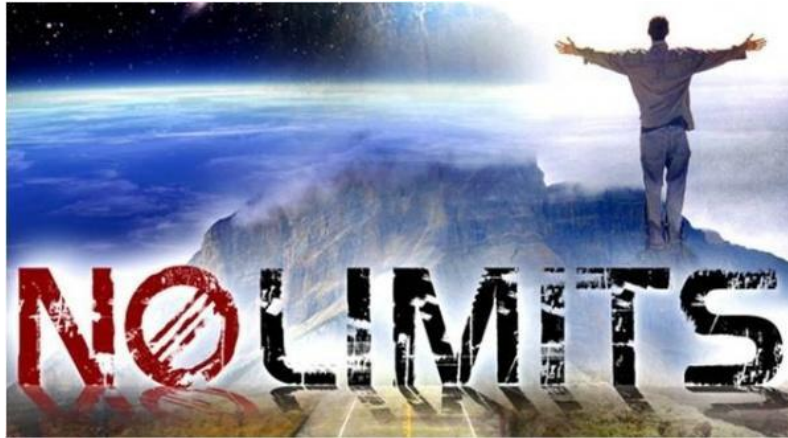


**Month:** February 2012

**Scripture:** (Matthew 19:26) “Jesus looked at them and said, „With man this is impossible, but with God all things are possible””

## **Food for thought: Exceeding Limitations**



As a wife and mother (to name a few) I find that on a daily basis I am confronted with what seems to be limitations. I know & appreciate we all run into obstacles when attempting to accomplish something. But I often ask myself “are these things really hard and fast limitations, or are they challenges that i have chosen to interpret as limitations? For the month of February I want to encourage you to find an effective strategy for moving beyond limitations because I am persuaded that greater is He that is in us than he that is in this world. You and I can exceed these limitations thrown at us every day.

Many times I use the strategy of “directly” confronting limitations and on most days it works very well. For example, if there’s not enough time, I put in the thought and effort to better prioritize and organize the time I have available. If there are certain obstacles standing in the way of a particular accomplishment, I work to dismantle them one by one. Easy right? Not! But even to the best of people, sooner or later, you will run up against a limitation that will simply not yield to your “direct” effort. When that happens, please do not be tempted to transform it into an excuse. Don’t throw up your hands and resign yourself to the fact that there’s no getting around it. I have done it in the past & it has not yielded good results in my life! I know better now.

Think about it...are there some limitations that you will never be able to get beyond? Is the only other choice to simply give up? No, that’s not the case at all. In fact, when you’re willing to go deeply enough into the driving purpose behind whatever you wish to accomplish, you’ll find that there is indeed a way to get beyond almost anything you may have previously considered to be a limitation. Let us see what God’s Word says concerning exceeding limitations. The Bible says: “Jesus said unto him, If thou canst believe, all things are possible to him that believeth” (Mark 9:23). Mark 11:23 says: “For verily I say unto you, That whosoever shall say unto this mountain, Be thou removed, and be thou cast into the sea; and shall not doubt in his heart, but shall believe that those things which he saith shall come to pass; he shall have whatsoever he saith.” Also, Matthew 17:20 says: “And Jesus said unto them, Because of your unbelief: for verily I say unto

you, If ye have faith as a grain of mustard seed, ye shall say unto this mountain, Remove hence to yonder place; and it shall remove; and nothing shall be impossible unto you.”

For those tough, stubborn limitations there is only one way and that is to render them irrelevant by the power in God’s word! There was a time God told Abraham to lift up his eyes and look towards the north, south, east and west. God told him that as far as his eyes could see would be given to him (Genesis 13:14-15). So, it was as far as his could see! Abraham believed the Word of God, which launched him into a world of no limits.

Remember we serve an *exceedingly* & abundantly above all God! So, you don’t need to cut corners, give up or cheat in order to enjoy limitless favour. All you need is the power of God in all you do. When you are so empowered by the Holy Ghost (the Spirit of God), you start living and enjoying a world of no limits. If you are not empowered, your destiny will be in shambles. You need this power, if you must enjoy a world of no limits.

So what limits you? What ties you down? What holds you back? What keeps you from becoming all you intended to become and from doing all you long to accomplish?

**Pray with me** : Lord forgive me because sometimes I act like You can’t handle my circumstances. I feel I must be in control, not trusting in You and allow limitations to override my thoughts and I end up giving discouragement the power to overwhelm me. I allow my circumstances to make me feel small and insignificant and weak. My eyes only see the impossible, forgetting who You are. I surrender my weakness for your strength, my fears and doubts for your faith and confidence, my finite resources for your abundant provisions & my turmoil and strife for your peace and joy, in Jesus mighty name. Amen.

No more limitations! or better still Exceed your Limitations! See you in March.

*Love*

*Mercy*